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Program Director

Spring Hill, Fl

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First Year Program Leaders Guide 2015



***Welcome to the***

***2015 Fall Camporee,***

***First year program!***

***The program is to help give new scouts an understanding of basic scouting and give them their first merit badges, along with their Firem'n Chit and Totin' Chip.***

***This class will be offering the First Aid merit badge, the Safety merit badge, the Fire Safety merit badge along with some rank requirements to help your scouts get on the path to eagle.***

***However, they will have some pre-requisites that* MUST *be completed before the class or the merit badge will not be signed off (please see the pre-requisites sheet enclosed on pages 6-7in this packet) these pre-requisites must have a Scout Master or Adult Leader’s signature and be turned in to the First year Director to show they were completed.***

***Scouts attending this program will be required to bring the following items with them,* gloves, safety glasses, pocket knife (if student has one) flint and steel, matches, a homemade fire starting kit *(get creative but keep it small enough to fit in a sandwich bag). Also Please have the scout bring his handbook, a pen, and paper.***

***A workbook for the merit badges printed from www.meritbadge.org would help the student to complete the class and pre-requisites.***

***This year the first year program will include a cooking portion for newer scouts.***

***This year we are pleased to offer a cooking rank requirement class to our program. This class will be held on Friday night at the 7-9pm Merit badge time in the camp sight of Troop 433, and will satisfy the requirements for the ranks of tenderfoot, Second and First Class. These requirements include as fallows. (Underlined Requirements s will NOT be completed at camporee but will be discussed)***

***Tenderfoot Req. (3) On the campout, assist in preparing and cooking one of your patrol's meals. Tell why it is important for each patrol member to share in meal preparation and cleanup, and explain the importance of eating together.***

***Second Class Req. (3) e. Explain when it is appropriate to use a cooking fire. At an approved outdoor location and at an approved time, and using the tinder, kindling, and fuel wood from requirement 3d, demonstrate how to build a fire; light the fire, unless prohibited by local fire restrictions. After allowing the flames to burn safely for at least two minutes, safely extinguish the flames with minimal impact to the fire site.***

***f. Explain when it is appropriate to use a lightweight stove or propane stove. Set up a lightweight stove or propane stove; light the stove, unless prohibited by local fire restrictions. Describe the safety procedures for using these types of stoves.***

***g. On one campout, plan and cook one hot breakfast or lunch, selecting foods from the MyPlate food guide or the current USDA nutrition model. Explain the importance of good nutrition. Tell how to transport, store, and prepare the foods you selected.***

***First Class Req. (4)***

***a. Help plan a patrol menu for one campout that includes at least one breakfast, one lunch, and one dinner, and that requires cooking at least two of the meals. Tell how the menu includes the foods from the MyPlate food guide or the current USDA nutrition model and meets nutritional needs.***

***b. Using the menu planned in requirement 4a, make a list showing the cost and food amounts needed to feed three or more boys and secure the ingredients.***

***c. Tell which pans, utensils, and other gear will be needed to cook and serve these meals.***

***d. Explain the procedures to follow in the safe handling and storage of fresh meats, dairy products, eggs, vegetables, and other perishable food products. Tell how to properly dispose of camp garbage, cans, plastic containers, and other rubbish.***

***e. On one campout, serve as your patrol's cook. Supervise your assistant(s) in using a stove or building a cooking fire. Prepare the breakfast, lunch, and dinner planned in requirement 4a. Lead your patrol in saying grace at the meals and supervise cleanup.***

List of pre-requisites for the fall 2015 camporee

***First Aid pre-requisites.***

* ***2-d. Prepare a first aid kit for your home. Displayed and discuss its contents with your counselor.***
* ***6-c. With your counselor's approval, arrange a visit with your patrol or troop to an emergency medical facility or through an American Red Cross chapter for a demonstration of how an AED is used.***

***Safety pre-requisites.***

* ***1-Do the following:*** 
  + ***prepare a notebook to include:***
* ***a. Newspaper and other stories, facts, and statistics showing common types and causes of injuries in the home and in the workplace, and how these injuries could be prevented.***
* ***b. Newspaper and other stories, facts, and statistics showing common types of crimes and ways to avoid being a crime victim.***
* ***c. Facts you have obtained concerning the frequency of accidents and of crimes in your local area.***
  + - ***d. One or more paragraphs written by the scout, explaining how a serious fire, accident, or crime could change their family life.***
    - ***e. A list of safe practices and safety devices currently used by your family, such as safety practices used while driving or working and safety devices that prevent injuries or help in an emergency.***
* ***2. Do the following:***
* ***a. Using a safety checklist approved by your counselor, make an inspection of your home.***
* ***b. Review or develop your family's plan of escape in case of a fire in your home. As you develop the escape plan with family members, share with them facts about the common causes of fire in the home, such as smoking, cooking, electrical appliances, and candles.***

***Fire Safety pre-requisites***

* ***6 -a. Draw a home fire escape plan, create a home fire-drill schedule, and conduct a home fire drill.***
* ***6-b. Test a smoke alarm and demonstrate regular maintenance of a smoke alarm.***

***\*\*\*All pre-requisites must be completed within the month prior to the camporee and must be checked off on the attached spread sheet and signed off by a Scout Master and returned to the Program Director at the Friday night meeting, or else the student WILL NOT be allowed to complete the class \*\*\****

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| **Last name** | **First name** | **First Aid** | | **Safety** | | | | | | | | | **Fire safety** | |
| **#2-D \*** | **#6-C** | **#1-A** | | **#1-B** | **#1-C** | **#1-D** | **#1-E** | **#2-A** | **#2-B** | **#6-A \*** | | **#6-B** |
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| **I confirm that that scout’s above have completed the pre- requirements on/or within the month prior to the camporee.**  **>>>Requirements marked with an \* must be shown to Program Director at the camporee <<< Please Brig this page to camporee.** | | **Date** | | | **Signature of the Leader that approved these pre-requisites** | | | | | | | | | |
|  | | | **X** | | | | | | | | | |

Troop #\_\_\_\_\_\_\_\_ pre-requisites sign-off sheet

Pre-requisites Notes